



**HAMILTON COUNTY SCHOOLS**

School Nutrition

# Pre-K Menu September 2021

This menu is subject to change. Check with your school's cafeteria manager for additional offerings and substitutions.

Monday 8/30	Tuesday 8/31	Wednesday 9/1	Thursday 9/2	Friday 9/3
B: Breakfast Croissant L: Cheese Pizza <u>OR</u> BBQ Turkey Sandwich Buttered Corn Carrot Dipper	B: Pancake on a Stick L: Cheesy Pasta Bake <u>OR</u> Chicken Nuggets Tomato Dipper Mixed Vegetables	Remote Learning Day	B: Mini Maple Pancakes L: Teriyaki Chicken w/ Fried Rice <u>OR</u> Cheese Quesadilla Buffalo Cauliflower Stir Fry Vegetables	B: Breakfast Pizza L: Mini Chicken Corn Dogs <u>OR</u> Meatball Sub Pinto Beans Fries
Monday 9/6	Tuesday 9/7	Wednesday 9/8	Thursday 9/9	Friday 9/10
Labor Day - No School	No School	No School	B: Maple Popcorn Chicken <i>"Breakfast for Lunch"</i> L: Chicken & Waffles <u>OR</u> Ham & Cheese Breakfast Bake Cheesy Potatoes Carrot Dipper	B: Mini Blueberry Waffles L: Hamburger/Cheeseburger <u>OR</u> Manager's Choice Baked Beans Carrot Dipper
Monday 9/13	Tuesday 9/14	Wednesday 9/15	Thursday 9/16	Friday 9/17
B: Breakfast Croissant L: Cheese Pizza <u>OR</u> Mini Chicken Sandwiches Fries Broccoli Dipper	B: Pancake on a Stick L: Beef Tacos <u>OR</u> Cheese Quesadilla Refried Beans Buttered Corn	B: Mini Berry French Toast L: Grilled Cheese <u>OR</u> Popcorn Chicken w/ Roll Tomato Soup Crinkle Cut Fries Dessert of the Day	B: Mini Maple Pancakes L: Tangerine Chicken w/ Rice <u>OR</u> Cheese-Filled Breadstick Carrot Dipper Stir-Fry Vegetables	B: Breakfast Pizza L: Fish Sandwich <u>OR</u> Popcorn Chicken Celery Dipper Scalloped Potatoes
Monday 9/20	Tuesday 9/21	Wednesday 9/22	Thursday 9/23	Friday 9/24
B: Breakfast Croissant L: Chicken Sandwich <u>OR</u> Santa Fe Mac & Cheese Sweet Potatoes Cucumber Dipper	B: Cinnamon Toast Sticks L: Turkey Pot Roast <u>OR</u> BBQ Pork Sandwich Green Beans Mashed Potatoes	B: Scrambled Eggs & Whole Grain Toast L: Pasta w/ Meat Sauce <u>OR</u> Chicken Corn Dog Side Salad Fries Dessert of the Day	B: Maple Popcorn Chicken L: Nachos <u>OR</u> Chicken Fajitas Refried Beans Carrot Dippers	B: Mini Blueberry Waffles L: Hamburger <u>OR</u> Manager's Choice Broccoli Dipper Waffle Fries
Monday 9/27	Tuesday 9/28	Wednesday 9/29	Thursday 9/30	Friday 10/1
B: Breakfast Croissant L: Cheese Pizza <u>OR</u> BBQ Turkey Sandwich Buttered Corn Carrot Dipper	B: Pancake on a Stick L: Cheesy Pasta Bake <u>OR</u> Chicken Nuggets Tomato Dipper Mixed Vegetables	B: Mini Berry French Toast L: Chicken Chili w/ Roll <u>OR</u> Turkey Hot Dog Seasoned Broccoli Fries Dessert of the Day	B: Mini Maple Pancakes L: Teriyaki Chicken w/ Rice <u>OR</u> Cheese Quesadilla Buffalo Cauliflower Stir-Fry Vegetables	B: Breakfast Pizza L: Mini Chicken Corn dogs <u>OR</u> Mozzarella Cheese Sticks Pinto Beans Fries

Assorted fruit, juice, and low-fat milk will be offered at breakfast.  
Assorted fruit and low-fat milk will be offered at lunch.

Additional cold breakfast and lunch options will be available. Contact your school's cafeteria for selections.

