



Pre-K Menu January 2022

This menu is subject to change.
Check with your school's cafeteria manager for additional offerings and substitutions.

Monday 1/3	Tuesday 1/4	Wednesday 1/5	Thursday 1/6	Friday 1/7
Professional Development Day No School	Professional Development Day No School	B: Egg & Cheese Croissant L: Homemade Grilled Cheese <u>OR</u> Mini Corn Dogs Tomato Soup Crinkle Cut Fries Dessert of the Day	B: Mini Maple Pancakes L: Tangerine Chicken w/ Rice <u>OR</u> Cheese-Filled Breadstick Stir-Fry Vegetables Seasoned Pinto Beans	B: Breakfast Pizza L: Breaded Chicken Drumstick w/ Roll <u>OR</u> Fish Sandwich Potato Wedges Seasoned Broccoli
Monday 1/10	Tuesday 1/11	Wednesday 1/12	Thursday 1/13	Friday 1/14
B: Breakfast Croissant L: Chicken Sandwich <u>OR</u> BBQ Pork Sandwich Glazed Carrots Fries of the Day	B: Cinnamon Toast Sticks L: Santa Fe Macaroni & Cheese <u>OR</u> Turkey & Gravy w/ Roll Green Beans Mashed Potatoes	B: Scrambled Eggs & Whole Grain Toast L: Spaghetti w/ Meat Sauce and Garlic Toast <u>OR</u> Chicken Corn Dog Seasoned Broccoli Mixed Vegetables Dessert of the Day	B: Maple Popcorn Chicken L: Beef & Cheese Nachos <u>OR</u> Popcorn Chicken w/ Roll Refried Beans Buttered Corn	B: Mini Blueberry Waffles L: Hamburger/Cheeseburger <u>OR</u> Manager's Choice Fries of the Day Broccoli Dipper
Monday 1/17	Tuesday 1/18	Wednesday 1/19	Thursday 1/20	Friday 1/21
Martin Luther King Day No School	B: Whole Grain Waffles L: Cheesy Pasta Bake <u>OR</u> Turkey Pot Roast Fries of the Day Seasoned Broccoli	B: Egg & Cheese Croissant L: Chicken Chili w/ Cheez-Its <u>OR</u> Turkey Hot Dog Cherry Tomato Dipper Buffalo Cauliflower Dessert of the Day	B: Mini Maple Pancakes L: Teriyaki Chicken w/ Rice <u>OR</u> Chicken & Cheese Quesadilla Carrot Dipper Stir-Fry Vegetables	B: Breakfast Pizza L: Mini Chicken Corn Dogs <u>OR</u> Mozzarella Cheese Sticks Fries of the Day Baked Beans
Monday 1/24	Tuesday 1/25	Wednesday 1/26	Thursday 1/27	Friday 1/28
B: Breakfast Croissant L: Chicken Sandwich <u>OR</u> BBQ Pork Sandwich Green Peas Fries of the Day	B: Cinnamon Toast Sticks L: Chicken Nuggets w/ Roll <u>OR</u> Country Fried Steak Green Beans Mashed Potatoes	B: Scrambled Eggs & Whole Grain Toast L: Turkey Tetrastini w/ Roll <u>OR</u> Garlic French Bread Pizza Glazed Sweet Potatoes Celery Dipper Dessert of the Day	B: Maple Popcorn Chicken L: Thick Crust Cheese Pizza <u>OR</u> Mac & Cheese w/ Ham and Roll Seasoned Pinto Beans Carrot Dipper	B: Mini Blueberry Waffles L: Hamburger/Cheeseburger <u>OR</u> Manager's Choice Fries of the Day Broccoli Dipper
Monday 1/31	Tuesday 2/1	Wednesday 2/2	Thursday 2/3	Friday 2/4
B: Breakfast Croissant L: Thick Crust Cheese Pizza <u>OR</u> Manager's Choice Broccoli Dipper Glazed Carrots	B: Mini Berry French Toast L: Beef Tacos <u>OR</u> Chicken & Cheese Quesadilla Refried Beans Buttered Corn	B: Egg & Cheese Croissant L: Homemade Grilled Cheese <u>OR</u> Mini Corn Dogs Tomato Soup Crinkle Cut Fries Dessert of the Day	B: Mini Maple Pancakes L: General TSO Chicken w/ Rice <u>OR</u> Cheese-Filled Breadstick Stir-Fry Vegetables Seasoned Pinto Beans	B: Breakfast Pizza L: Breaded Chicken Drumstick w/ Roll <u>OR</u> Fish Sandwich Potato Wedges Seasoned Broccoli

Assorted fruit, juice, and low-fat milk will be offered at breakfast.

Assorted fruit and low-fat milk will be offered at lunch.

Additional cold breakfast and lunch options will be available. Contact your school's cafeteria for selections.

