



This institution is an equal opportunity provider.

Pre-K Menu March 2022

THIS MENU IS SUBJECT TO CHANGE.

Check with your school's cafeteria manager for additional offerings and substitutions.

Tuesday 3/1	Wednesday 3/2	Thursday 3/3	Friday 3/4
B: Pancake on a Stick	B: Egg & Cheese Croissant	B: Mini Maple Pancakes	B: Breakfast Pizza L: Breaded Chicken Drumstick
Chicken & Cheese Quesadilla Refried Beans Buttered Corn	<u>OR</u> Turkey Hot Dog Tomato Dipper Crinkle Cut Fries Dessert of the Day	L: Tangerine Chicken w/ Rice <u>OR</u> Cheese-Filled Breadstick Stir-Fry Vegetables Carrot Dipper	w/ Roll <u>OR</u> Manager's Choice Mashed Potatoes Cucumber Dipper
Tuesday 3/8	Wednesday 3/9	Thursday 3/10	Friday 3/11
National School Breakfast Week!			
B: Oatmeal L: Cheesy Pasta Bake w/Roll <u>OR</u> Turkey & Gravy w/ Roll Green Beans Carrot Dipper	B: Scrambled Eggs & Whole Grain Toast L: Spaghetti & Meat Sauce w/ Garlic Toast <u>OR</u> Garlic French Bread Pizza California Vegetable Blend Side Salad Dessert of the Day	B: Maple Popcorn Chicken L: Beef & Cheese Nachos <u>OR</u> Fish Sandwich Pinto Beans Broccoli Dipper	B: Blueberry Waffles L: Sloppy Joe Sandwich <u>OR</u> Manager's Choice Mashed Potatoes Buttered Corn
Tuesday 3/15	Wednesday 3/16	Thursday 3/17	Friday 3/18
B: Pancake on a Stick L: Santa Fe Mac & Cheese w/ Roll <u>OR</u> Chicken Nuggets w/ Roll Green Beans Cucumber Dipper	B: Egg & Cheese Croissant L: Chicken Chili w/ Cheez-Its <u>OR</u> Turkey Hot Dog Crinkle Cut Fries Buffalo Cauliflower Dessert of the Day	B: Mini Maple Pancakes L: Teriyaki Chicken w/ Rice <u>OR</u> Chicken & Cheese Quesadilla Carrot Dipper Stir-Fry Vegetables	B: Breakfast Pizza L: Breaded Chicken Drumstick w/ Roll <u>OR</u> Mozzarella Cheese Sticks Potato Wedges Baked Beans
Tuesday 3/22	Wednesday 3/23	Thursday 3/24	Friday 3/25
B: Oatmeal L: Chicken Sandwich <u>OR</u> BBQ Pork Sandwich Green Peas Fries of the Day	B: Scrambled Eggs & Whole Grain Toast L: Turkey Tetrazzini w/ Roll <u>OR</u> Garlic French Bread Pizza California Vegetable Blend Tomato Dipper Dessert of the Day	B: Maple Popcorn Chicken L: Chicken Nuggets w/ Roll <u>OR</u> Ham Mac & Cheese w/ Roll Pinto Beans Carrot Dipper	B: Blueberry Waffles L: Sloppy Joe Sandwich <u>OR</u> Manager's Choice Waffle Fries Broccoli Dipper
Tuesday 3/29	Wednesday 3/30	Thursday 3/31	Friday 4/1
B: Pancake on a Stick	B: Egg & Cheese Croissant	B: Mini Maple Pancakes	B: Breakfast Pizza
L: Beef Tacos <u>OR</u> Chicken & Chicken & Cheese Quesadilla Refried Beans Buttered Corn	L: Homemade Grilled Cheese <u>OR</u> Mini Corn Dogs Tomato Soup Crinkle Cut Fries Dessert of the Day	L: General TSO Chicken w/ Rice <u>OR</u> Cheese-Filled Breadstick Stir-Fry Vegetables Carrot Dipper	L: Breaded Chicken Drumstick w/ Roll <u>OR</u> Fish Sandwich Potato Wedges Cucumber Dipper
	3/1B: Pancake on a StickL: Beef Tacos OR Chicken & Chicken & Cheese Quesadilla Refried Beans Buttered CornTuesday 3/8Dattered CornB: OatmealL: Cheesy Pasta Bake w/Roll OR Turkey & Gravy w/ Roll Green Beans Carrot DipperB: Pancake on a StickL: Santa Fe Mac & Cheese w/ Roll OR Chicken Nuggets w/ Roll Green Beans Cucumber DipperSinta Fe Mac & Cheese w/ Roll OR Chicken Sandwich OR Green Peans Cucumber DipperE: Oatmeal L: Chicken Sandwich OR BBQ Pork Sandwich Green Peas Fries of the DaySinta Fe Mack on a Stick L: Seef Tacos OR Chicken & Chicken & Cheese Quesadilla Refried Beans	3/13/2B: Pancake on a StickB: Egg & Cheese CroissantL: Beef Tacos OR Chicken & Chicken & Cheese Quesadilla Refried Beans Buttered CornB: Egg & Cheese CroissantL: Homemade Grilled Cheese OR Turkey Hot Dog Tomato Dipper Crinkle Cut Fries Dessert of the DayTuesday 3/83/9Tuesday 3/8Wednesday 3/9B: Oatmeal L: Cheesy Pasta Bake w/Roll OR Turkey & Gravy w/ Roll Green Beans Carrot DipperB: Scrambled Eggs & Whole Grain ToastB: Oatmeal L: Spaghetti & Meat Sauce w/ Garlic Toast Of Garlic French Bread Pizza California Vegetable Blend Side Salad Dessert of the DayTuesday 3/15Wednesday 3/16B: Pancake on a Stick L: Santa Fe Mac & Cheese w/ Roll OR Chicken Nuggets w/ Roll Green Beans Cucumber DipperB: Egg & Cheese Croissant L: Chicken Chili w/ Cheez-Its OR Turkey Hot Dog Crinkle Cut Fries Buffalo Cauliflower Dessert of the DayTuesday 3/22Wednesday 3/23B: Oatmeal L: Chicken Naggets w/ Roll Green Peas Fries of the DayB: Scrambled Eggs & Whole Grain ToastL: Chicken Sandwich OR BBQ Pork Sandwich Green Peas Fries of the DayB: Scrambled Eggs & Whole Garlic Trench Bread Pizza California Vegetable Blend Tomato Dipper Dessert of the DayL: Chicken Sandwich Green Peas Fries of the DayB: Egg & Cheese Croissant California Vegetable Blend Tomato Dipper Dessert of the DayL: Chicken Sandwich Green Peas Fries of the DayB: Egg & Cheese Croissant California Vegetable Blend Tomato Dipper Dessert of the DayB: Pancake on a Stick 	3/1 3/2 3/3 B: Pancake on a Stick L: Beef Tacos OR Chicken & Chicken & Cheese Quesadilla Refried Beans Buttered Corn B: Egg & Cheese Croissant L: Homemade Grilled Cheese OR Turker ykt Dog Tomato Dipper Crinkle Cut Fries Dessert of the Day B: Mini Maple Pancakes Tuesday 3/8 Wednesday 3/9 Thursday 3/10 B: Oatmeal B: Scrambled Eggs & Whole Grean Beans Carrot Dipper B: Maple Popcorn Chicken L: Spaghetti & Meet Sauce w/ Garlic Toast OR Garlic French Bread Pizza California Vegetable Blend Side Salad Dessert of the Day B: Maple Popcorn Chicken L: Beef & Cheese Nachos OR Fish Sandwich Pinto Beans Broccoll Dipper Tuesday 3/15 B: Egg & Cheese Croissant L: Spaghetti & Meet Sauce w/ Garlic Toast OR Garlic French Bread Pizza California Vegetable Blend Side Salad Dessert of the Day B: Maple Popcorn Chicken L: Beef & Cheese Nachos OR Fish Sandwich Pinto Beans Broccoll Dipper Tuesday 3/15 Wednesday 3/16 B: Kinni Maple Pancakes L: Chicken Chill W (Cheez-Its California Vegetable Blend Side Salad Dessert of the Day B: Mini Maple Pancakes L: Chicken Nuggets w/ Roll Green Beans Curumber Dipper Tuesday 3/22 Wednesday 3/23 Thursday 3/24 B: Oatmeal L: Chicken Nuggets w/ Roll Green Peas Fries of the Day B: Scrambled Eggs & Whole Garlin Toast L: Unicken Sandwich Garlic French Bread Pizza California Vegetable Blend Tomato Dipper Dessert of the Day B: Maple Popcorn Chicken L: Chicken Sandwich Garlic Trench Bread Pizza California Vegetable Blend Tomato Soup Pinto Beans Carrot Dipper B: Datmeal L: Chicken Sandwich Green Peas Fries of the Day B: Maple Popcorn Chi

Assorted fruit, juice, and low-fat milk will be offered at breakfast.

Assorted fruit and low-fat milk will be offered at lunch.

Additional cold breakfast and lunch options will be available. Contact your school's cafeteria for selections.