

Course: 6170 Textbook: Physiology of Sport and Exercise Publisher: Human Kinetics ISBN: 9781450477673

Criteria: Curriculum					
1 = Unacceptable; 2 = Unsatisfactory; 3 = Satisfactory; 4 = Outstanding	1	2	3	4	Evidence
The program is closely aligned with the CTE Standards.				x	Chapters align with standards
Standards and learning targets are clearly defined in each lesson.				x	Defined in Chapter Intros
The content is carefully sequenced to maximize deep learning.				x	Extra options including Research Perspectives and online study guide activities
Lessons are made up of engaging activities and tasks that are rigorous and worthwhile, providing multiple entry points for all students.			x		Closings of each chapter give various activities and tasks to choose from. Material is very rigorous and may be difficult for some lower level learners.
There is a balance of conceptual understanding, skill, application, and opportunity for reflection.				x	Gives video options and additional online activities for each chapter. These will allow students to achieve a more conceptual based learning.
The text is engaging with effective use of primary sources and/or meaningful connections.				x	Text offers reviews for each section within the chapter to make sure students are meeting learning achievements.
Score for Curriculum 23					

Additional Comments:

Criteria: Instruction					
1 = Unacceptable; 2 = Unsatisfactory; 3 = Satisfactory; 4 = Outstanding	1	2	3	4	Evidence
Instruction is balanced among conceptual understanding, skill, and application,				x	Chapters are evenly divided into content, learning tasks and application.
Communication is a focus of the program- i.e. understanding is developed through classroom discourse, visuals and reading/writing.				x	Chapters are filled with various graphs, photographs and illustrations. Also provides online support for each section to allow for a differentiated learning.

Lessons include questions that are aligned with standards and that encourage students to think deeply about a topic and defend their claims.				x	Chapter closings include study questions to deepen thinking and give evidence.
There is a range of support to accommodate the varying levels of students' abilities.				X	Online resources available to offer additional support.
Instruction is presented to meet various learning styles of students.				x	Material is presented in a variety of ways- pictures, case studies, additional research material and online resources
There is an appropriate balance of depth and breadth of content coverage.				X	Content is very challenging and rigorous which allows instructor to decide how in depth the material should be covered.
Score for Instruction 24					

Additional Comments:

Criteria: Assessment					
1 = Unacceptable; 2 = Unsatisfactory; 3 = Satisfactory; 4 = Outstanding	1	2	3	4	Evidence
Assessment is aligned to the instruction.				x	Chapter study questions and key terms fully cover material presented.
Assessment reflect the rigor of the CTE assessments.				X	Besides general study questions, each chapter offers additional study guide activities online to provide deeper rigor.

Ongoing/formative assessments are strategically placed within lessons and units to inform instruction.				x	Chapters have “review” sections embedded to provide students with learning targets as they progress.
Assessments are provided in a variety of formats and mimic the functions and formats (i.e. multiple choice, short answer, open-ended, technology enhanced).				X	Chapters include vocabulary review, study questions, case studies as well as optional online study guide activities.
Assessments are well organized and easy to use.				x	Assessments are always included at the end of each chapter and are clearly defined.
Performance-based and Constructed Response assessments that allow students to apply concepts, skills, reasoning, and problem-solving are provided.				x	Most chapters include options for performance based responses and require higher level thinking skills.
A test generator is available that allows teachers to generate tests and manage student data.				x	A web study guide includes quizzes, and end of unit mastery checks for students to evaluate their progress. Teachers are provided with test package and chapter quizzes.
Score for Assessment 27					

Additional Comments: